

Welcome to CareOregon Dental

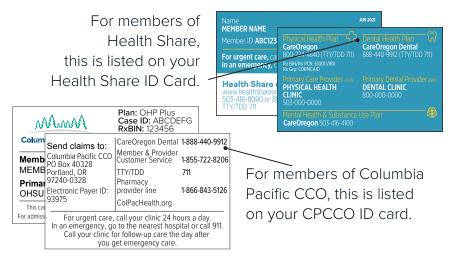






What to expect and what to do

The ID Card you receive in the mail shows your dental insurance information on the back.



Please bring this card with you whenever you see a dentist.

Make an appointment soon

It's important to have regular checkups.

To make an appointment:

- 1. Call your dental clinic during office hours.
- 2. Tell the office you have CareOregon Dental and why you want to see a dentist.
- 3. If you need an interpreter at your appointment, tell the clinic staff when you make the appointment.

You can change your dental clinic

The following pages list other clinics that accept CareOregon Dental.

If you want to change your clinic, call us:

Portland area: 503-416-1444

Toll-free: 888-440-9912

TTY: 711

Your dental benefits

Exams, X-rays and cleanings
Sealants (protective coating for molars; members 15 years old and under)
Fluoride treatments
Deep cleaning for gum disease
Fillings
Crowns (limited)
Tooth removal
Partial dentures, generally every five years
Full dentures, generally every 10 years

Note: Some benefits have limits or need pre-approval from your dental plan.

Questions? Ask your dentist. Or contact your dental plan. The phone number is on your Member ID card.

Specialty dental care

Root canals (limited)

If your dentist decides that you need specialty care, they may refer you. We have a network of dental specialists available.

Dental Clinic Information*

CLACKAMAS COUNTY AREA

Beavercreek Health & Wellness Center

503-655-8471 | TTY 711

110 Beavercreek Rd, Suite 100, Oregon City, OR 97045

Hours: Monday-Friday 8 a.m. to 7 p.m. **Languages spoken:** English and Spanish

Bus numbers: #33

Gladstone Health Center

503-655-8471 | TTY 711

18911 Portland Ave, Gladstone, OR 97027

Ages accepted: 0-18

Hours: Monday-Thursday 8 a.m. to 5 p.m. **Languages spoken:** English and Farsi

Bus number: 34

Neighborhood Health Center- Milwaukie Dental Clinic (Joseph Bernard Jr. Dental Clinic)

503-850-4479 | TTY 711

3300 SE Dwyer Dr, Suite 302, Milwaukie, OR 97222

Hours: Monday-Friday 7 a.m. to 6 p.m. **Languages spoken:** English and Spanish

Bus numbers: #75, 33

Neighborhood Health Center — Oregon City Dental Clinic

503-941-3064 | TTY 711

19029 S Beavercreek Rd, Oregon City, OR 97045

Hours: Monday-Friday 7 a.m. to 6 p.m. **Languages spoken:** English and Spanish

Bus numbers: #32 from Oregon City Transit Center

^{*}You can find the complete clinic directory online at: careoregondental.org/clinics

Sunnyside Health & Wellness Center

503-655-8471 | TTY 711

9775 SE Sunnyside Rd, Suite 200, Clackamas, OR 97015

Hours: Monday-Friday 8 a.m. to 7 p.m.

Languages spoken: English, Vietnamese, Spanish and Russian

Bus numbers: #155, 156 from Clackamas Town Center

Yakima Valley Farm Workers Clinic Salud Medical Center

503-982-2010 | TTY 711

1175 Mt. Hood Ave, Woodburn, OR 97071 **Hours:** Monday-Friday 7:30 a.m. to 5 p.m. **Languages spoken:** English and Spanish

MULTNOMAH COUNTY AREA

Billi Odegaard Dental Clinic

503-988-6942 | TTY 711

33 NW Broadway, Suite 380, Portland, OR 97209

Hours: Monday-Friday 7:30 a.m. to 6:30 p.m. **Languages spoken:** English and Spanish

Bus numbers: #2, 4, 8, 9, 12, 17, 19, 20, 35, 43, 44, 54, 56, 94 and

MAX Green and Yellow lines

East County Dental Clinic

503-988-6942 | TTY 711

600 NE 8th St, Gresham, OR 97030

Hours: Monday-Friday 7:30 a.m. to 6:30 p.m.

Languages spoken: English, Spanish, Vietnamese and Russian

Bus numbers: #2, 9, 20, 21, 80, 81, 82 and MAX

Mid-County Dental Clinic

503-988-6942 | TTY 711

12710 SE Division St, Portland, OR 97236

Hours: Monday-Friday 7:30 a.m. to 6:30 p.m.

Languages spoken: English, Spanish, Russian and Farsi

Bus numbers: #4, 71

Native American Rehabilitation Association of the NW, Inc. (NARA) Dental Clinic

971-347-3009 | TTY 711

12750 SE Stark St, Building E, Portland, OR 97233

Hours: Monday-Friday 7:30 a.m. to 6 p.m. **Languages spoken:** English and Spanish

Bus number: #20

Northeast Dental Clinic

503-988-6942 | TTY 711

5329 NE Martin Luther King Jr Blvd, Portland, OR 97211

Hours: Monday-Friday 7:30 a.m. to 6:30 p.m.

Languages spoken: English, Spanish, Vietnamese and Russian

Bus numbers: #6, 72

North Dental Clinic

503-988-6942 | TTY 711

9000 N Lombard St, Portland, OR 97203

Hours: Monday, Tuesday, Thursday and Friday, 7:30 a.m. to 6:30 p.m.

Languages spoken: English and Spanish

Bus numbers: #4, 11, 16, 44, 75

OHSU Russell Street Dental Clinic

503-494-6822 | TTY 711

214 N Russell St Portland, OR 97227

Hours: Monday-Friday 8:30 a.m. to 5 p.m. **Languages spoken:** English and Russian

Bus numbers: #4, 24, 44

Rockwood Dental Clinic

503-988-6942 | TTY 711

2020 SE 182nd Ave, Portland, OR 97233

Hours: Monday-Friday 7:30 a.m. to 6:30 p.m. **Languages spoken:** English and Spanish

Bus number: #2, 4 and 87

Southeast Dental Clinic

503-988-6942 | TTY 711

3653 SE 34th Ave, Portland, OR 97202

Hours: Monday-Friday 7:30 a.m. to 6:30 p.m.

Languages spoken: English, Cantonese, Spanish and Russian

Bus number: #9

Wallace Dental Clinic at Rosewood Plaza

503-489-1760 | TTY 711

18139 NE Couch St, Portland, OR 97230 **Hours:** Monday-Friday 8 a.m. to 6 p.m.

Languages spoken: English Bus number: #87 and MAX

Wallace Dental Clinic at Downtown Rockwood

503-489-1760 | TTY 711

18633 SE Stark St Ste 400, Portland, OR 97233

Hours: Monday-Friday 8 a.m. to 6 p.m.

Languages spoken: English Bus numbers: #87 and MAX

WASHINGTON COUNTY AREA

Neighborhood Health Center — Tanasbourne

503-848-5861 | TTY 711

10690 NE Cornell Rd, Suite 220, Hillsboro, OR 97124

Hours: Monday-Friday 7 a.m. to 6 p.m.

Languages spoken: English

Bus numbers: #48, 52

Virginia Garcia — Beaverton Central Dental Clinic

503-718-3675 | TTY 711

12600 SW Crescent St, Suite 190, Beaverton, OR 97005

Hours: Monday-Friday 7 a.m. to 6 p.m. **Languages spoken:** English and Spanish

Bus number: Max Blue line

Virginia Garcia — Beaverton Wellness Center

503-352-7990 | TTY 711

2725 SW Ceda Hills Blvd, Suite 200, Beaverton, OR 97005

Hours: Monday, Wednesday and Friday 7 a.m. to 6 p.m.

Tuesday and Thursday 7:30 a.m. to 6:30 p.m. Languages spoken: English and Spanish

Bus numbers: #20, 62

Virginia Garcia — Cornelius Wellness Center

503-359-8505 | TTY 711 1151 N Adair St, Cornelius, OR 97113

Hours: Monday, Wednesday and Friday 7 a.m. to 6 p.m. Tuesday 9 a.m. to 5 p.m., Thursday 7:30 a.m. to 6:30 p.m. **Languages spoken:** English, Spanish, Turkish and Farsi

Bus number: #57

Virginia Garcia — Hillsboro Dental Clinic

503-352-2354 | TTY 711

730 SE Oak St, Suite A & B, Hillsboro, OR 97123

Hours: Monday, Wednesday and Friday 7 a.m. to 6 p.m.

Tuesday and Thursday 7:30 a.m. to 6:30 p.m. Languages spoken: English and Spanish

Bus number: #47, 48, 57, MAX

Virginia Garcia — McMinnville Clinic

503-883-4700 | TTY 711

115 NE May Lane, McMinnville, OR 97128

Hours: Monday, Wednesday and Friday 7 a.m. to 6 p.m.

Tuesday and Thursday 7:30 a.m. to 6:30 p.m. **Languages spoken:** English and Spanish **Bus number:** Yamhill City Transit Route 2

Virginia Garcia — Newberg Dental Clinic

971-281-3050 | TTY 711

2251 E Hancock St, Suite 106, Newberg, OR 97132

Hours: Monday and Wednesday 7 a.m. to 6 p.m. Tuesday and Thursday 7:30 a.m. to 6:30 p.m.

Friday - closed

Languages spoken: English and Spanish **Bus number:** Yamhill City Transit Route 7

TILLAMOOK COUNTY AREA

Tillamook County Community Health Center

503-842-2356 | TTY 711

801 Pacific Ave, Tillamook, OR 97141

Hours: Monday, Tuesday, Thursday, Friday 8 a.m. to 5 p.m.

Wednesday 9 a.m. to 5 p.m. Languages spoken: English

SandCreek Dental

503-673-2676 | TTY 711

1010 Main Ave, Tillamook, OR 97141

Hours: Monday 9 a.m. to 5 p.m.

Tuesday, Wednesday, Thursday 8 a.m. to 5 p.m.

Friday 8 a.m. to 3 p.m.

Languages spoken: English

Tillamook County Community Health Center

503-842-2356 | TTY 711

805 Ivy Ave Suite B, Tillamook, OR 97141

Hours: Monday, Tuesday, Thursday and Friday 8 a.m. to 5 p.m.,

Wednesday 9 a.m. to 5 p.m. Languages spoken: English

Arrow Dental — Astoria

503-388-6000 | TTY 711 433 30th St, Astoria, OR 97103

Hours: Monday-Friday 8 a.m. to 5 p.m.

Languages spoken: English

Arrow Dental — Clatskanie

503-728-2114 | TTY 711

400 SW Belair, Clatskanie, OR 97016 **Hours:** Monday-Friday 8 a.m. to 5 p.m.

Languages spoken: English







careoregondental.org

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TTY: 711

OHP-CAR-20-023