

Welcome to CareOregon Dental







What to expect and what to do

The ID Card you receive in the mail shows your dental insurance information on the back.



Please bring this card with you whenever you see a dentist.

Make an appointment soon

It's important to have regular checkups.

To make an appointment:

- 1. Call your dental clinic during office hours.
- 2. Tell the office you have CareOregon Dental and why you want to see a dentist.
- 3. If you need an interpreter at your appointment, tell the clinic staff when you make the appointment.

You can change your dental clinic

The following pages list other clinics that accept CareOregon Dental.

If you want to change your clinic, call us:

- Portland area: 503-416-1444
- Toll-free: 888-440-9912
- TTY: 711

Your dental benefits

Exams, X-rays and cleanings*: At least once a year
Sealants* (protective coating for molars; members 15 years old and under)
Fluoride treatments*
Deep cleaning for gum disease
Fillings
Crowns* (limited)
Tooth removal
Partial dentures, generally every five years
Full dentures, generally every 10 years
Root canals* (limited)
Braces for members 20 and under (very limited)
If you see a * in the benefit charts, this means a service may be covered beyond the limits listed for members under 21 if

medically necessary and appropriate.

Note: Some benefits have limits or need pre-approval from your dental plan. A star (*) in the chart means a service may be covered beyond the limits listed for members under 21, if medically necessary and appropriate.

Questions? Ask your dentist. Or contact your dental plan. The phone number is on your Member ID card.

Specialty dental care

If your dentist decides that you need specialty care, they may refer you. We have a network of dental specialists available.

Dental clinic information*

Clackamas County area

Beavercreek Health & Wellness Center

503-655-8471 | TTY 711 110 Beavercreek Rd, Suite 100, Oregon City, OR 97045 Website: *clackamas.us/healthcenters/beavercreek.html*

Gladstone Health Center

503-655-8471 | TTY 711 18991 Portland Ave, Gladstone, OR 97027 Ages accepted: 0-18 Website: *clackamas.us/healthcenters/gladstone.html*

Neighborhood Health Center - Canby Medical & Dental Clinic

503-266-3490 | TTY 711 227 NW 3rd Ave, Canby, OR 97013 Website: *https://nhcoregon.org/clinics/nhc-canby-medical-and-dental-clinic/*

Neighborhood Health Center- Milwaukie Dental Clinic (Joseph Bernard Jr. Dental Clinic)

503-850-4479 | TTY 711 3300 SE Dwyer Dr, Suite 302, Milwaukie, OR 97222 Website: *nhcoregon.org/providers/nhc-milwaukie-dental-clinicjoseph-bernard-jr-dental-clinic/*

Neighborhood Health Center — Oregon City Dental Clinic 503-941-3064 | TTY 711 19029 S Beavercreek Rd, Oregon City, OR 97045 Website: *nhcoregon.org/clinics/nhc-oregon-city-medical-clinic/*

*You can find the complete clinic directory online at: careoregondental.org/members/find-a-dentist

Sandy Health Center

503-655-8471 39740 Pleasant St, Sandy, OR 97055 Website: *clackamas.us/healthcenters/sandyhealth.html*

Sunnyside Health & Wellness Center

503-655-8471 | TTY 711 9775 SE Sunnyside Rd, Suite 200, Clackamas, OR 97015 Website: *clackamas.us/healthcenters/sunnyside.html*

Marion County area

Yakima Valley Farm Workers Clinic Salud Medical Center 503-982-2010 | TTY 711 1175 Mt. Hood Ave, Woodburn, OR 97071 Website: *yvfwc.com/locations/salud-medical-center*

Multnomah County area

Billi Odegaard Dental Clinic

503-988-6942 | TTY 711 33 NW Broadway, Suite 380, Portland, OR 97209 Website: *multco.us/primary-care-and-dental/dental-clinic-locations-hours*

East County Dental Clinic

503-988-6942 | TTY 711 600 NE 8th St, Gresham, OR 97030 Website: *multco.us/primary-care-and-dental/dental-clinic-locations-hours*

Mid-County Dental Clinic

503-988-6942 | TTY 711 12710 SE Division St, Portland, OR 97236 Website: *multco.us/primary-care-and-dental/dental-clinic-locations-hours*

Native American Rehabilitation Association of the NW, Inc. (NARA) Dental Clinic

971-347-3009 | TTY 711 12750 SE Stark St, Building E, Portland, OR 97233 Website: *naranorthwest.org/projects/dental-clinic/*

North Portland Dental Clinic

503-988-6942 9000 N Lombard St, Portland, OR 97203 Website: *multco.us/primary-care-and-dental/dental-clinic-locations-hours*

Northeast Dental Clinic

503-988-6942 | TTY 711 5329 NE Martin Luther King Jr Blvd, Portland, OR 97211 Website: *multco.us/primary-care-and-dental/dental-clinic-locations-hours*

OHSU Russell Street Dental Clinic

503-494-6822 | TTY 711 214 N Russell St, Portland, OR 97227 Website: *ohsu.edu/dental-clinics/ohsu-russell-street-dental-clinic*

Rockwood Dental Clinic

503-988-6942 | TTY 711 2020 SE 182nd Ave, Portland, OR 97233 Website: *multco.us/primary-care-and-dental/dental-clinic-locations-hours*

Rosewood Family Health Center

503-576-8350 | TTY 711 3530 SE 88th Ave, Portland, OR 97266 Website: *yvfwc.com/locations/rosewood-family-health-center/*

Southeast Dental Clinic

503-988-6942 | TTY 711 3653 SE 34th Ave, Portland, OR 97202 Website: *multco.us/primary-care-and-dental/dental-clinic-locations-hours*

Wallace Dental Clinic at Downtown Rockwood

503-489-1760 | TTY 711 18633 SE Stark St, Suite 401, Portland, OR 97233 Website: *mywallace.org/health-and-care-centers/rockwood-dental-clinic/*

Wallace Dental Clinic at Rosewood Plaza

503-489-1760 | TTY 711 18139 NE Couch St, Portland, OR 97230 Website: *mywallace.org/health-and-care-centers/rosewood-dental-clinic/*

Washington County area

Neighborhood Health Center — Tanasbourne 503-848-5861 | TTY 711 10690 NE Cornell Rd, Suite 220, Hillsboro, OR 97124 Website: *nhcoregon.org/providers/nhc-tanasbourne-medical-dental-clinic/*

Virginia Garcia — Beaverton Central Dental Clinic 503-718-3675 | TTY 711 12600 SW Crescent St, Suite 190, Beaverton, OR 97005 Website: *virginiagarcia.org/locations/beaverton/*

Virginia Garcia — Beaverton Wellness Center

503-352-7990 | TTY 711 2725 SW Cedar Hills Blvd, Suite 200, Beaverton, OR 97005 Website: *virginiagarcia.org/locations/beaverton/*

Virginia Garcia — Cornelius Dental Clinic

503-359-8505 | TTY 711 44 N 11th Avenue, Cornelius, OR 97113 Website: *virginiagarcia.org/locations/cornelius/*

Virginia Garcia — Hillsboro Dental Clinic 503-352-2354 | TTY 711

730 SE Oak St, Suite A & B, Hillsboro, OR 97123 Website: *virginiagarcia.org/locations/hillsboro/*

Tillamook County area

Tillamook County Community Health Center 503-842-2356 | TTY 711 805 Ivy Avenue, Suite B, Tillamook, OR 97141 Website: *tillamookchc.org/dental*

SandCreek Dental

503-673-2676 | TTY 711 1010 Main Ave, Tillamook, OR 97141 Website: *tillamooksmiles.com*

Arrow Dental — Astoria 503-338-6000 | TTY 711 433 30th St, Astoria, OR 97103 Website: *arrowdentalclinic.com*

Arrow Dental — Clatskanie 503-728-2114 | TTY 711 400 SW Belair, Clatskanie, OR 97016 Website: *arrowdentalclinic.com*

Yamhill County area

Virginia Garcia — McMinnville Clinic 503-883-4700 | TTY 711 115 NE May Lane, McMinnville, OR 97128 Website: *virginiagarcia.org/locations/mcminnville/*

Virginia Garcia — Newberg Dental Clinic 971-281-3050 | TTY 711 2251 E Hancock St, Suite 106, Newberg, OR 97132 Website: *virginiagarcia.org/locations/newberg/*

You can get this in other languages, large print, braille or a format you prefer. You can also ask for an interpreter. This help is free. Call 888-440-9912 or TTY 711. We accept relay calls.

AAAAAA Columbia Pacific CCO

Part of the CareOregon Family





careoregondental.org

Portland area: 503-416-1444 Toll-free: 888-440-9912

TTY: 711

OHA-COD-24-4776

COD-24873830-EN-1231