# Keeping Your Child Well



## 10330 SE 32nd Ave, Ste 325, Milwaukie, OR 97222

**503‐848‐5861, press 2**

**Your child needs**



**Start with the Advice Nurse**

A nurse or provider is available by phone 24 hours a day.

The nurse can give advice on how to support your child and help decide if you should go to the hospital or clinic for a same day appt.

**Call the Advice Nurse if you’re concerned…**

* High fever or fever more than 2 days • Extreme sleepiness
* Frequent (or bloody) vomiting or diarrhea • Worsening illness
* Cold or ﬂu • Neck pain or stiﬀ neck
* Not eating or drinking for a few days • Eye discharge
* Is not peeing every 8 hours • Tooth pain

## Well Child and/or Dental Checks at:

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* 15 months

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* 18 months

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* 24 months

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* 30 months

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* 3 years

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* 3 1/2 years

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* 4 years

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* 4 1/2 years

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**In an emergency call 911 or bring your child to the hospital IMMEDIATELY**

* Will not wake up
* Diﬃculty breathing
* Seizures
* Severe bleeding or burns
* 5 years

Check vaccination history, email your provider, and more on MyChart

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